

Smoked Trout Bagel Sandwich

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Ingredients

- Bagel(s)
- Smoked trout fillets
- Plain cream cheese
- Capers
- Fresh herbs (lovely with dill and chive)

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Method

- 1. Slice in half and lightly toast the bagel(s) (unless fresh there is no need to toast it).
- 2.Spread a good layer of cream cheese on the bottom half.
- 3. Place some smoked fish fillet on the cream cheese to your taste (ensure no little bones are left).
- 4. Add some capers to your taste.
- 5. Sprinkle some chopped fresh herbs and top with the other bagel half.
- 6. Serve on its own or with a green salad on the side.
- You can also top both halves with the ingredients and eat separately.